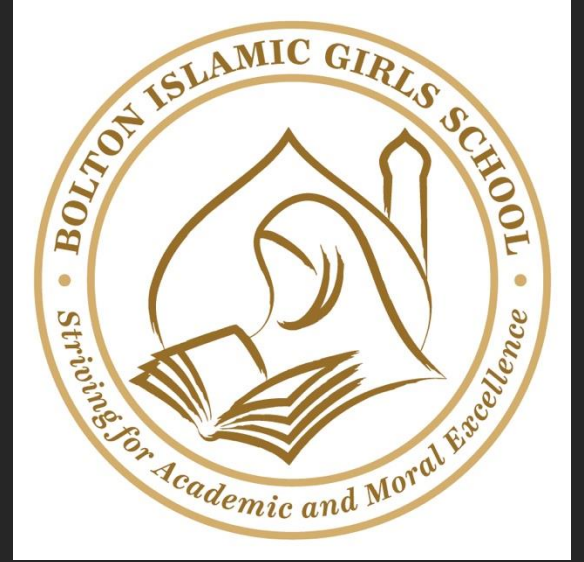


# Anti-Bullying Week 2024



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By Samira and Afira

# What is bullying?

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- The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal, emotional or psychological. It can happen face-to-face or online.

# Anti-bullying week 2024

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- Anti-Bullying Week 2024 will take place from **Monday 11th - Friday 15th November**, with the theme: **Choose Respect**.
- Anti-Bullying Week is an annual event that aims to raise awareness of bullying of young people, with an emphasis on prevention and effective responses to bullying.
- Odd Socks Day 2024 is taking place on Tuesday 12th November. The socks can be colorful and bright, mix-matched, and have an odd pattern.

# What does Islam say about bullying?

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- Islam strongly condemns bullying, as it is a form of oppression. Islam explicitly forbids all forms of oppression and injustice.
- “The Muslim is the one from whose tongue and hand the Muslims are safe” (Sahih al-Bukhari). This hadith highlights that a true Muslim should not cause harm or distress to others, whether through words or actions.
- Abu Bakr reported: The Messenger of Allah, peace and blessings be upon him, said, **“Verily, if people see an oppressor and they do not seize his hand, Allah will soon send His punishment upon all of them.”** This hadith speaks to the importance of standing up against oppression and injustice. We must strive to protect those who are vulnerable and speak out against any wrongdoings, so if you see someone being bullied, speak up. By doing so, not only are we helping the oppressed, but also the oppressor as they are prevented from doing any more wrong.

Participate in this years competitions and put  
your talents to use for teaching a  
good message....



# Year 7

## Drama competition

How to take part:

- Get into groups and perform a drama about bullying.
- The dramas will be judged within your Drama and Nasheed lesson on Tuesday 10th December.
- All participants will receive 20 merits. The group with the best drama will get Pizza and Chips.





# *Year 8 poster competition*

For the competition, we would like the Year 8s to produce a poster on anti-bullying (which will be judged by Miss Waseem and the antibullying ambassadors).

## Top Tips:

- Be creative!
- Include the necessary information.
- Keep it tidy.

## Rewards:

- Participants (hopefully all of Year 8) get 20 merits each
- Winners gets to have pizza and chips!

Deadline: Monday 9th December

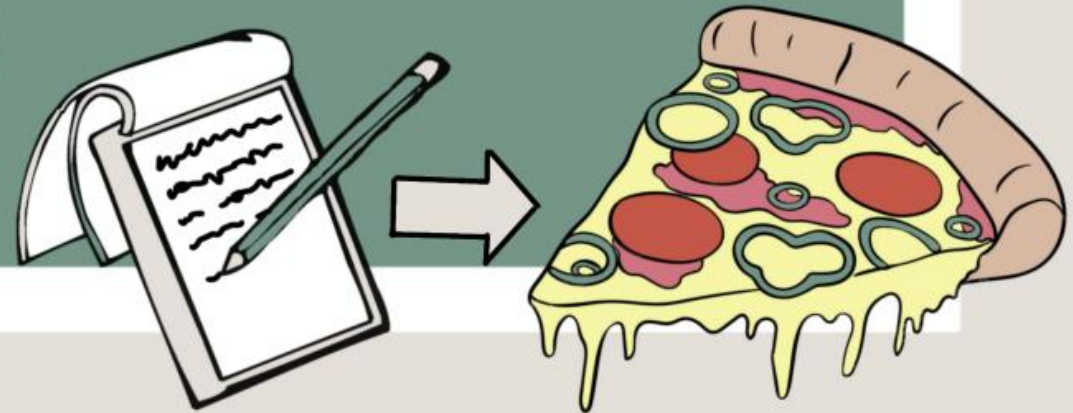


# YEAR 9

- If you need help or clarity, talk to the anti-bullying ambassadors (Manha and Umaina) or Ms Waseem
- Have fun writing!

# WRITE A POEM

- Year 9s have to write a poem about anti-bullying and respect
- You can work independently or in pairs
- The poem is due on Monday 9th December
- The winner(s) receive merits and earn takeaway pizza!!







# Year 10

## Write a short story

# Short Story Competition

How to take part:

- Get into pairs with another student
- Write a short story together about bullying. It could be your own experience of being bullied or seeing others get bullied and how they stopped that bullying, it could be made up as well.
- Submit the story to Miss Waseem when you have completed the story
- The story must be submitted by Monday 9th December.
- The stories will be judged and the students who wrote the best story will be rewarded with a pizza party and 20 merits each.