

Bolton Islamic Girls School

Bolton Islamic Girls School 5-year plan- Tazkiyah 2022-2023

	Autumn one (8)	Autumn two (7)	Spring one (6)		Spring two (5)	Summer one (5)	Summer two (7)
YEAR 7	Introduction to the subject. Journey of man	Journey of man	Mountain diagram	4 conditions of repentance	Making effort	Tongue Sheet and Dhikr	Maraqabah and recap over the whole years' work
YEAR 8	Explained in deeper understanding - Journey of man and mountain diagram	Explained in deeper understanding - 4 conditions of repentance, 3 golden principle and Mujahidah	Explained in deeper understanding - 4 objectives	Explained in deeper understanding - Story of sacrifice and remembrance of Allah.	Explained in deeper understanding - Bridge of purification in detail including heart diagram, body, mind and soul	Explained in deeper understanding - Sunnah of eating, drinking, sleeping, talking etc.	Explained in deeper understanding - Sincerity
YEAR 9	What is anger. The origin of anger. The way we express anger. The harms of anger. What are the benefits of controlling anger.	How one can control their anger and use in positive way. How do I behave when someone shows anger to me. Sunnah cures for anger.	What is depression? Origin of depression. The harms of depression.	What is depression? Origin of depression. The harms of depression.	How one can control your emotions. Sunnah cures for depression.	What are the different types of relationship? Why do people be in relationships? What are the harms of being in a relationship? What are the traps of the relationship?	What are the different types of relationship? Why do people be in relationships? What are the harms of being in a relationship?

Bolton Islamic Girls School

							What are the traps of the relationship?
Year 10	Explained in deeper understanding - What is anger. The origin of anger. The way we express anger. The harms of anger. What are the benefits of controlling anger.	Explained in deeper understanding - How one can control their anger and use in positive way. How do I behave when someone shows anger to me. Sunnah cures for anger.	Explained in deeper understanding - What is depression? Origin of depression. The harms of depression.	Explained in deeper understanding - What is depression? Origin of depression. The harms of depression.	Explained in deeper understanding - How one can control your emotions. Sunnah cures for depression.	Explained in deeper understanding - What are the different types of relationship? Why do people be in relationships? What are the harms of being in a relationship? What are the traps of the relationship?	Explained in deeper understanding - What are the different types of relationship? Why do people be in relationships? What are the harms of being in a relationship? What are the traps of the relationship?
Year 11	Explained in deeper understanding - What is anger.	Explained in deeper understanding - What is anger.	Explained in deeper understanding - How one can control their	Explained in deeper understanding - How one can control	STUDY LEAVE	STUDY LEAVE	STUDY LEAVE

	The origin of anger. The way we express anger. The harms of anger. What are the benefits of controlling anger.	The origin of anger. The way we express anger. The harms of anger. What are the benefits of controlling anger.	anger and use in positive way. How do I behave when someone shows anger to me. Sunnah cures for anger.	their anger and use in positive way. How do I behave when someone shows anger to me. Sunnah cures for anger.			
--	---	---	--	--	--	--	--