



March 2021

Dear Parent/Carer

### **Covid-19 Self Testing at Home for Students during Easter Break**

As you will be aware all secondary aged students are to be offered regular asymptomatic, rapid COVID-19 testing at home to be undertaken twice a week. This is following students having supervised tests on site in school (for those who took up the option).

Up to 1 in 3 people who have COVID-19 have no symptoms and could be spreading it without knowing. Getting into a regular habit of testing twice a week will help stop the virus spreading, keeping your child, family and friends safer.

**The students have been given COVID-19 testing kits and instructions. Please note that the instructions contained within the boxes are incorrect and you must use the separate instructions issued with the tests.**

**Please make sure your child continues to test themselves twice a week 3-5 days apart, in the morning before school if possible and, if not, the evening before. We are recommending that testing is undertaken on a Monday and Thursday. These tests are only for your child – see below on how you can access home testing kits for other members of the family.**

**Your child should also continue testing twice a week, at home, throughout the Easter school holidays. We will be sending home extra kits for the Easter holidays before term ends.**

If your child has not been tested at school then please click the link below which explains how the tests work. This link is also available on our website.

[Step-by-Step Guide to Covid-19 Self Testing](#)

Please remember these tests can only be undertaken if your child has no symptoms. If they have symptoms, they must self-isolate immediately, and you will need to book a PCR test and follow national guidelines.

**By accepting and opening the testing kits you are consenting to participate in the testing and report your child's results.**

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## **Reporting results**

**You are required to report the results of your child's test to NHS Test and Trace.** It is really important that results of test are reported online straight away, even if your child's result is negative or void. It's easy to do at [www.gov.uk/report-covid19-result](http://www.gov.uk/report-covid19-result). Results can also be reported via telephone by calling 119 (free from mobiles and landlines). Lines are open every day, 7am to 11pm.

**You only need to inform school if your result is positive. We will assume your child's test are negative unless you state otherwise.**

## **Testing for parents/carers, households and bubbles twice a week**

A reminder that regular rapid testing is now also available for parents, their households and support or childcare bubbles. The government is encouraging all families to participate in twice weekly testing to help stop the spread.

Parents and other adults in the household can access tests by:

- Ordering tests online [www.gov.uk/order-school-household-tests](http://www.gov.uk/order-school-household-tests)
- Getting an assisted test at work, if it is available
- Attending a test site to get tested (where you will be able to see how to take the test) or pick up tests to do at home.

To find out more on school household testing visit this website:

<https://www.gov.uk/guidance/rapid-lateral-flow-testing-for-households-and-bubbles-of-school-pupils-and-staff>

If you have any queries or questions regarding the home testing, please contact us.

Your sincerely

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